



Benton Bulldog Bugle



Benton Elementary School

October, 2016

Brian Wedge
Principal

Pamela Blais
Assistant Principal

Office News –

Dress Code

It may be hard to believe, but the first day of fall was September 22nd! While we may have some warmer days, the temperature will continue to drop. After Columbus Day, students are not allowed to wear flip-flops or shorts. Students will also be required to wear a jacket during recess. As always, students must dress appropriately for school. Please plan accordingly.

Attendance

District Policy (CODE: JED) reads, "Absences from school have an important bearing on academic performance and on successfully meeting requirements for promotion and graduation."

We ask for your support in helping your child get to school on time at 8:15 a.m. every day this year. Your child needs to be in school and engaged in learning to reach his or her full potential. We realize that every family faces challenges, but we know that you share our commitment to school attendance, learning, and your children's success.

Guidance News –

Mrs. Gagne, Counselor for Grades 1-3

After introducing myself and our guidance services in September, October will be devoted to the topic of "KINDNESS". Kindness has been promoted as a "priority" within the Benton School Community for the last 3 years. Our objective is to encourage students to think about how they treat others. In part, this is in an effort to combat "bullying" from an angle that considers good citizenship versus consequences or discipline after the act. Kindness takes very little effort and brings rewards for the giver and the receiver. Using literature, students will be presented with decision-making situations, to elicit responses as to how they would respond in a given situation.

Mrs. Martin, Counselor for Grades 4-6

October classroom guidance for grade 4-6 will continue looking at empathy by focusing on exploring different perspectives. Considering others' perspectives is an important part of empathy. When students fail to think about others' perspectives, they may make faulty assumptions instead. Some students automatically assume others have hostile intentions. Students that can understand people's perspectives are based on their feelings, experiences, and needs or wants are able to build healthy relationships and avoid aggression.

Health News –

Mrs. Barton, School Nurse

MaineGeneral staff will be here administering flu vaccines at Benton on November 16th. Please watch for permission and information paperwork coming home with your child.

Band News –

Mr. Hoagland, Band Teacher

Beginner Band Instrument Night: *Tuesday, Oct. 18, 7:00 PM, in the Benton cafeteria.*

Students will either rent or borrow instruments, buy supplies, and get an important first lesson on how to assemble their instrument. Parents should plan on bringing \$25 to \$30 for band book and supplies, if at all possible. Information on cost of renting or borrowing an instrument will be coming home in a letter from Mr. Hoagland. We will make sure every student who is willing to work hard in band will be able to have an instrument and supplies, regardless of ability to pay.

Library News –

Mrs. Oxley, Librarian

Thursday, September 29th through Wednesday, October 5th

Students will visit Book Fair during their Library classes.

Open during Parent Teacher Conferences on Tuesday, October 4th and Wednesday, October 5th from 3:15 to 7:00 pm. We accept cash, checks, credit cards and debit cards (as long as you are not required to enter a PIN number).

Look for the flyer your Benton student brought home to see some of the items available for purchase.

All proceeds benefit the Benton PTO.

Important Dates

Sept 29th to October 4th – Scholastic Book Fair

October 3rd Progress Reports go home

October 4th and 5th Parent/Teacher Conferences

October 6th and 7th – No school for students

October 10th – Columbus Day – No school

October 12th – 6 P.M. PTO meeting

October 18th – 7 P.M. Beginner Band Info Night

October 28th – 5 P.M. PTO Trick or Trunk

Albion, Benton, Clinton and Fairfield Primary Schools

Breakfast Menu

October 2016

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
26 Cereal Choice Fruit Choice/Juice Cup Milk String Cheese	27 Cereal Choice Fruit Choice Juice Cup Milk	28 Apple Frudel Juice Cup Milk Yogurt Stick	29 WW Morning Sticks Fruit Choice/Juice Cup Milk	30 Cereal Choice Fruit Choice/Juice Cup Milk String Cheese
3 Cereal Choice Fruit Choice/Juice Cup Milk String Cheese	4 Blueberry/Banana Muffin Juice Cup Milk	5 Cereal Choice Fruit Choice/Juice Cup Milk String Cheese	6 NO SCHOOL Teacher Workshop	7 NO SCHOOL Teacher Workshop
10 NO SCHOOL COLUMBUS DAY	11 WW Morning Sticks Fruit Choice/Juice Cup Milk	12 Cereal Choice Fruit Choice/Juice Cup Milk String Cheese	13 WW Breakfast Bun Fruit Choice/Juice Cup Milk	14 Cereal Choice Fruit Choice/Juice Cup Milk String Cheese
17 Cereal Choice Fruit Choice/Juice Cup Milk String Cheese	18 Cherry Frudel Juice Cup Milk Yogurt Stick	19 Cereal Choice Fruit Choice/Juice Cup Milk String Cheese	20 Bagel wCream Cheese Fruit Choice/Juice Cup Milk	21 Cereal Choice Fruit Choice/Juice Cup Milk String Cheese
24 Cereal Choice Fruit Choice/Juice Cup Milk String Cheese	25 WW Breakfast Bun Fruit Choice/Juice Cup Milk	26 Cereal Choice Fruit Choice/Juice Cup Milk String Cheese	27 WW Morning Sticks Fruit Choice/Juice Cup Milk	28 Cereal Choice Fruit Choice/Juice Cup Milk String Cheese

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSBP and HUSSC

USDA IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER

MSAD 49 School Lunch Menu October 2016

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
26 100% Beef Dogs w/ ww roll New England Baked Beans Fresh Salad w/Spinach Chilled Peaches Fruit and Veggie Bar	27 WG Pancakes w/Maple Syrup Turkey Sausage Sweet Potato Puffs Maine Blueberries Fruit and Veggie Bar	28 Ham, Cheese, Tomatoes on WG Sandwich Rounds Maine Grown Carrot Sticks Fresh Local Maine Apples Fruit and Veggie Bar	29 Baked Ham Slice Mashed Potatoes Maine Fall Squash Fresh Grapes Fruit and Veggie Bar	30 Cheeseburger w/WW Bun Oven Fries Corn Fresh Orange Wedge Fruit and Veggie Bar
3 Sloppy Joes Sweet Potato Fries Cherry Tomatoes Mandarin Oranges Fruit and Veggie Bar	4 Grilled Cheese Sandwich Tomato Soup Green Beans Chilled Diced Peaches Fruit and Veggie Bar	5 Chicken Caesar Salad Wrap String Cheese Peas & Carrots Crisp Red Apples Fruit and Veggie Bar	No School Teacher Workshop	
10 NO SCHOOL COLUMBUS DAY	11 Chicken Burger w/WW Roll Potato Wedges Seasoned Corn Chilled Peaches Fruit and Veggie Bar	12 Taco w/cheese Salsa & Sour Cream Refried Pinto Beans Cinnamon Applesauce Fruit and Veggie Bar	13 BBQ Rodeo Burger w/WW Bun Sweet Potato Puffs Petite Green Peas Pineapple Fruit and Veggie Bar	14 School Made Cheese or Fresh Veggie Pizza Vegetable Sticks Bright Orange Smiles Fruit and Veggie Bar
17 WG Turkey & Cheese Wrap Tomato Soup Crunchy Baby Carrots Chilled Mixed Fruit - Pears Fruit and Veggie Bar	18 WG Pasta w/meat or marinara ~ sauce & ww garlic sticks Tossed Salad Kiwi Chunks Fruit and Veggie Bar	19 Ham, Egg & Cheese Omelet WG Buttered Biscuit Peas and Carrots Orange Wedges Fruit and Veggie Bar	20 Chicken Nuggets Sweet Potato Puffs Broccoli Trees Bananas Fruit and Veggie Bar	21 Fish Nuggets BBQ Baked Beans Garlic Green Beans Crunchy Maine Apple Fruit and Veggie Bar
24 Cheesy Beef Nacho's w/ local lettuce & tomatoes Corn, Tomato & Bean Salsa Chilled Diced Peaches Fruit and Veggie Bar	25 Chicken Pot Pie WG Biscuit Romaine Salad Mixed Fruit w/grapes Fruit and Veggie Bar	26 Ham & Cheese Italians Maine Grown Carrot Sticks Tossed Salad Fresh Maine Apples Fruit and Veggie Bar	27 Cheeseburger Sub w/ WG Roll Sweet Potato Fries Sweet Corn Pears Fruit and Veggie Bar	28 School Made Cheese or Fresh Veggie Pizza Cucumber Slices Cool Applesauce Fruit and Veggie Bar

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

USDA IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER